

Moving Stories Level 1: An Integration of Story, Sandtray and Play Therapy

August 7-10 Perry, Maine 8-1 PM

Program Description: Designed for the mental healthcare professional, this is an experientially-based workshop that will provide an overview of the *Moving Stories Method*. The *Moving Stories Method* is an intermodal expressive arts method that integrates story, sandtray and play therapy. Therapeutic stories are told with the aid of a *Moving Stories Kit* and a sandtray as the “theater”. *Moving Stories kits* are baskets or decorated boxes that contain miniatures/symbols that are used to tell the story. Ideally they are kept in a three dimensional library—The Wonder Room. The method can be adapted for use with individual children, families, groups and classrooms and can be utilized by clinicians from a wide range of theoretical orientations that permit some directive interaction on the part of the therapist.

Program Objectives:

- 1) Participants will experience the *Moving Stories Method*.
- 2) Participants will understand how to create a Wonder Room.
- 3) Participants will be introduced to the skills needed in play, sandtray and therapeutic storytelling in the *Moving Stories Method*.
- 4) Participants will learn how to create and present their own *Moving Stories kits*.

Saturday: Overview

- 8-10: Experience the Method.
- 10-12 Theory, steps, and developing a Wonder Room.
- 12-1 Case examples with individuals, groups, families and classrooms.

Sunday: Play and Sandtray

- 8-10 Demonstration with a child
- 10-11 Documentation, directive and nondirective use, creating and holding the space.
- 11-1 Group Sandtray experience and discussion of “holding the space”.

Monday: Story

- 8-10 Finding, Selecting and Writing Moving Stories
- 10-1 Making Moving Stories Kits.

Tuesday: Presenting

- 8-1 Presenting a case and Moving Stories to each other.

Moving Stories Level 2: An Integration of Story, Sandtray and Play Therapy

August 11-14 Perry, Maine 8-1 PM

Program Description: This is an experientially-based workshop for individuals who have completed *Moving Stories Level 1* training. It will provide an in-depth study of how to listen to, join and document the play in the *Moving Stories Method*. The *Moving Stories Method* is an intermodal expressive arts method that integrates --story, sandtray and play therapy. Therapeutic stories are told with the aid of a *Moving Stories kit* and a sandtray as the “theater”. *Moving Stories kits* are baskets or decorated boxes that contain miniatures/symbols that are used to tell the story. Individual clients, families, groups or classes from pre-school age to old age are then invited to reflect upon the stories followed by an invitation to respond in their own creative way. **The workshop is designed to be both instructive and personally meaningful.**

Program Objectives:

- 1) Participants will experience the power of play, sandtray and story through their own experience with the *Moving Stories Method*.
- 2) Participants will learn how to use Moving Stories using directive and nondirective play therapy approaches.
- 3) Participants will learn how to join and document both expressive and silent responses to a Moving Story.
- 4) Participants will practice selecting, presenting, joining, and documenting a Moving Story within a play therapy theory.

Wednesday: Play Therapy Theories

- 8-10: Experience the *Moving Stories Method*
- 10-11: Review the Steps in the Method
- 11-1: Integrating the *Moving Stories Method* within different play therapy theories.

Thursday Directive and Non-Directive

- 8-9: Directive Approaches using the *Moving Stories Method*.
- 9-10: Nondirective Approaches using the *Moving Stories Method*.
- 10-12: Selecting a play therapy theory.

Friday Hearing the Child’s Story

- 8-9: Documenting/ joining with verbally expressive children.
- 9-10: Documenting/ joining with children who play silently.
- 10-1: Selecting a case, *Moving Story* and theory.

Saturday Putting it All Together

- 9-1: Practice telling, joining and documenting *Moving Stories* within the play therapy theory of your choice.



Presenter: Sue Carroll Duffy, Psy.D., RPT-S is a clinical psychologist and Registered Play Therapy Supervisor and CE Provider. She works at Pleasant Point Reservation and in Private Practice, primarily doing child and family therapy, and consultation and assessments for area schools and Head Start. Emerging from this experience and play with her own children, she developed the *Moving Stories Method*, therapeutic stories and kits and Wonder Rooms. She is a past board member of the Maine Association for Play Therapy and served on the faculty of Chesapeake Beach Professional Seminars teaching systemic play therapy. She is founder of By The Sea Seminars.

Continuing Education: Certificates of Attendance will be awarded at the completion of the program. 5 contact hours can be earned a day, totaling 20 CEU's for each level. Application will be made to the Maine Board of Social Workers. Per the Board of Licensed Professional Counselors, approval is not required for CEU's. Hours are accruable for persons seeking hours towards registration/maintenance as play therapists (Provider number 04-144). With enough notice, we will apply to your board and state for CEU's. By The Sea Seminars remains responsible for the workshop.

Directions to Dr. Duffy’s Gin Cove Rd. Wonder Room: Dr. Duffy’s Wonder Room office is located at 471 Gin Cove Rd. Perry, ME (207-853-2774). Take Route 1 to Shore Rd. in Perry. Turn right on Shore Rd. if you are going North and left if you are going South on Route 1. Shore Rd. is across from the Friendly Restaurant. Go approximately 3 miles on Shore Rd. Go right on Gin Cove Rd. You’ve gone too far if you reach Route 1 again. 471 Gin Cove Rd. is the second driveway on the left. There is a sign on the side of the beige Trailer/Office.



Location: The workshop will be held in Dr. Carroll Duffy’s Gin Cove Rd. office trailer in Perry Maine. Pictured are two parts of the Wonder Room in this office—the library of Moving Stories Kits and the sandtray room. Not pictured are the play area, kitchen, and outdoors, a short walk from the beach.

Lodging: The downeast coastal Maine region offers the magnificence of the rocky Maine coast, as well as the peace and calm of the rural Maine lake country. Just 15 minutes away from the workshop you can enjoy the coastal island city of Eastport where there are restaurants, shops, trails, and places to hike and a ferry to Canadian Islands (bring a passport). There are a number of options for lodging in Eastport on the ocean and in Perry there are cottages on Boyden Lake. Please contact Dr. Duffy if you need assistance in making a choice or go to bytheseaseminars.com for more details.

Bring: A camera to photograph the stories and a Passport if you think you might go to Canada.

**M O V I N G
STORIES E-Library**

The *Moving Stories* e-Library is a growing collection of therapeutic and educational stories written for the *Moving Stories Method*. Stories are available online and are e-mailed to you. Training in the use of the method is recommended. Following are a sample of selected stories:

Moving Stories Method: Description of the method which includes a sample story. (\$16.95)

The Giant: A story about a Sequoia—addresses themes of loss, trauma and resilience. (\$5.95)

Swimming Eagle: Inspired by a true story,— addresses anxiety, understanding and helping. (\$5.95)

Where's Stripes?: A playful story about a cat that is missing—addresses feelings of loss and anxiety. (\$5.95)

Go to bytheseaseminars.com to purchase and view the complete collection.

Sandtrays



Sets of 5 blue plastic stacking sandtrays will be available for workshop participants to purchase.

**M O V I N G
STORIES**

Workshops

Moving Stories Level 1
Integrating Story, Sandtray and Play Therapy

August 7-10
8-1 PM

Perry, Maine

Moving Stories Level 2
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20 APT Approved CEU's for each course



By The Sea Seminars

PO Box 177, 471 Gin Cove Rd. Perry, ME 04667

www.bytheseaseminars.com

By The Sea Seminars' *Moving Stories* Workshops

I would like to attend these workshops:

_____ *Moving Stories Level 1: An Integration of Story, Sandtray and Play Therapy, August 7-10 Perry, ME (\$695 plus \$25 materials fee)*

_____ *Moving Stories Level 2: An Integration of Story, Sandtray and Play Therapy, August 11-14, (\$695 plus \$25 materials fee)*

_____ *Early Registration Discount (Deduct \$50 if registered by June 7, 2010).*

Space for each workshop is limited to 6 participants.

You will receive your receipt and confirmation by e-mail. There are no refunds, however, credit for future workshops will be offered if you are unable to attend.

Join our E-mailing List

www.bytheseaseminars.com

Registration

Name _____

Profession _____

Address _____

Telephone _____

E-mail _____

Method of Payment

___ Check ___ Visa ___ MC

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Card # _____ Exp. _____

Signature _____

For more details about touring and affordable accommodations in Downeast Maine go to:

www.bytheseaseminars.com

Call early with your American Disability Act Needs

Send or Fax Form and Payment to:



By The Sea Seminars

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