

Moving Stories Level 1:

Introduction to Play Therapy, Sandtray Therapy and Story

July 23-25, 2011 Perry, Maine 9-4 PM

Program Description: Designed for the mental healthcare professional, this is an experientially-based workshop that will provide an overview of the *Moving Stories* play therapy method. The *Moving Stories* play therapy method is an intermodal expressive arts approach that integrates story, sandtray and play therapy. Therapeutic stories are told with the aid of a *Moving Stories* Kit and a sandtray as the “theater”. *Moving Stories* kits are baskets or decorated boxes that contain miniatures/symbols that are used to tell the story. Ideally they are kept in a three dimensional library—The Wonder Room. The play therapy method can be adapted for use with individual children, families, groups and classrooms. The workshop is designed to be personally meaningful.

Program Objectives:

- 1) Participants will experience the *Moving Stories* play therapy method.
- 2) Participants will understand how to create a special kind of play therapy room—a Wonder Room.
- 3) Participants will be introduced to the skills needed in play, sandtray and therapeutic storytelling in the *Moving Stories play therapy method*.
- 4) Participants will learn how to create and present their own *Moving Stories play therapy* kits.

Saturday: Play Therapy

9-10: Experience the *Moving Stories* play therapy method.

10-12 Theory, steps, developing a Wonder Room, case examples

Lunch Provided

1-4 Demonstration of responding to and documenting the play response..

Sunday: Sandtray Therapy

9-12 Demonstration of work in the sandtray and skills creating and holding the healing space.

Lunch Provided

1-4 Sandtray experiential

Monday: Bibliotherapy

9-11 Finding, selecting and writing *Moving Stories*

11-12 Making *Moving Stories* play therapy kits.

Lunch Provided

1-4 Presenting *Moving Stories*

4-4:30: Evaluations/Certificates

Moving Stories Level 2:

Play Therapy Intensive

August 15-17, 2011 Perry, Maine 9-4 PM

Program Description: Designed for the mental healthcare professional, this is an experientially-based workshop for individuals who have completed *Moving Stories* Level 1 training or equivalent. The *Moving Stories* play therapy method is an intermodal expressive art approach that integrates --story, sandtray and play therapy. Therapeutic stories are told with the aid of a *Moving Stories* kit and a sandtray as the “theater”. This workshop will provide an in-depth study of how to integrate the method within a range of play therapy orientations that include both child-centered and directive approaches to listening, joining and documenting the play.

Program Objectives:

- 1) Participants will experience the power of play, sandtray and story through their own experience with the *Moving Stories* play therapy method.
- 2) Participants will learn how to integrate the *Moving Stories* play therapy method into various play therapy models.
- 3) Participants will practice non-directive and directive play therapy skills needed in the *Moving Stories* play therapy method.
- 4) Participants will practice selecting, presenting, joining, and documenting a *Moving Story* within a play therapy theory.

Monday: Play Therapy Theories

9-11: Experience the *Moving Stories* play therapy method

11-12: Using *Moving Stories* within Various Play Therapy Theories

12-1 Lunch Provided

1-4: Using *Moving Stories* within Various Play Therapy Theories

Tuesday Hearing the Play

9-12: Demonstration/ Practicing child-centered play skills in response to the child's play response to the story.

12-1 Lunch Provided

1-4: Demonstration/practicing directive play skills in response to the child's play response to the story.

Wednesday Putting it All Together

9-12: Practice telling, joining and documenting *Moving Stories*

12-1 Lunch Provided

1-4 Practice telling, joining and documenting *Moving Stories*

4-4:30: Evaluation/Certificates



Presenter: Sue Carroll Duffy, Psy.D., RPT-S is a clinical psychologist and Registered Play Therapy Supervisor and CE Provider. She works at Pleasant Point Reservation and in Private Practice, primarily doing child and family therapy, and consultation and assessments for area schools and Head Start. Emerging from this experience and play with her own children, she developed the *Moving Stories Method*, therapeutic stories and kits and Wonder Rooms. She is a past board member of the Maine Association for Play Therapy and served on the faculty of Chesapeake Beach Professional Seminars teaching systemic play therapy. She is founder of By The Sea Seminars.

Continuing Education: Certificates of attendance will be awarded at the completion of the program. 6 contact hours can be earned a day, totaling 18 CEU's for each level. Application will be made to the Maine Board of Social Workers. Per the Board of Licensed Professional Counselors, approval is not required for CEU's. Hours are accrueable for persons seeking hours towards registration/maintenance as play therapists (Association for Play Therapy Provider 04-144). With enough notice, we will apply to your board and state for CEU's. By The Sea Seminars remains responsible for the workshop.

Directions to 594 Shore Rd. : Take Route 1 to Shore Rd. in Perry. Turn right on Shore Rd. if you are going North and left if you are going South on Route 1. Shore Rd. is across from the Friendly Restaurant. Go approximately 3 miles on Shore Rd. It is a gray cape on the left with a red barn.



Location: The workshop will be held at Dr. Carroll Duffy's shore-side home in Perry, Maine. Participants will have a chance to learn in a Wonder Room, a special kind of intermodal expressive arts play room.

The downeast coastal Maine region offers the magnificence of the rocky Maine coast, as well as the peace and calm of the rural Maine lake country.

Just 15 minutes away from the workshop you can enjoy the coastal island city of Eastport where there are restaurants, shops, places to hike and a ferry to Canadian Islands (bring a passport).

Go to www.bytheseaseminars.com for more ideas about activities available in the region.

Lodging: A half mile from the workshop, there is free lodging (space limited). Contact Dr. Duffy if you are interested in this option. There are also a number of options for lodging on the ocean or Boyden Lake. Contact Dr. Duffy if you need assistance in making a choice or go to bytheseaseminars.com for more details.

Food: Lunch will be provided. Other meals are on your own.

Bring: A camera to photograph the stories and a Passport if you think you might go to Canada.

MOVING STORIES E-Library

The *Moving Stories* e-Library is a growing collection of therapeutic and educational stories written for the *Moving Stories Method*. Stories are available online and are e-mailed to you. Training in the use of the method is recommended. Following are a sample of selected stories:

Moving Stories Method: Description of the method which includes a sample story. (\$19.95)

The Giant: A story about a Sequoia—addresses themes of loss, trauma and resilience. (\$5.95)

Swimming Eagle: Inspired by a true story,— addresses anxiety, understanding and helping. (\$5.95)

Where's Stripes?: A playful story about a cat that is missing—addresses feelings of loss and anxiety. (\$5.95)

Go to [bytheseaseminars.com](http://www.bytheseaseminars.com) to purchase and view the complete collection and to see a demonstration of telling a story

The Roundtable

For very little cost, the Roundtable offers support and the opportunity to be a participant-presenter while earning many hours that count towards becoming or maintaining registered play therapy status. You may attend as a visitor or as a participant-presenter.

For more details
Go to www.bytheseaseminars.com

Workshops



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July 23-25, 2011

Perry, Maine

Moving Stories Level 2: Play Therapy Intensive

August 15-17, 2011

Perry, Maine

**18 APT CEU's for each course
APT Approved Provider 04-144**



www.bytheseaseminars.com

By The Sea Seminars' *Moving Stories* Workshops

I would like to attend these workshops:

_____ *Moving Stories* Level 1: Introduction, July 23-25, Perry, ME (\$495 plus \$25 materials fee)

_____ *Moving Stories* Level 2: Play Therapy-Intensive, August 15-17, (\$495 plus \$25 materials fee)

_____ Early Registration Discount (Deduct \$100 if registered by June 7, 2011).

_____ Total

Workshops are limited to 6 participants.

You will receive your receipt and confirmation by e-mail. There are no refunds, however, credit for future workshops will be offered if you are unable to attend.

Join our E-mailing List
www.bytheseaseminars.com

Registration

Name _____

Profession _____

Address _____

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E-mail _____

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By The Sea Seminars

For more details about touring and affordable accommodations in Downeast Maine go to:

www.bytheseaseminars.com

Call early with your American Disability Act Needs

Send Form and Payment to:

